



THE COUNSELLING SERVICE AT PENT VALLEY

- The Counselling Service provides a confidential service for students and is designed to support emotional and behavioural concerns and to enable them to make the most of their social, educational and personal development.
- The Counselling Service has been set up to provide support and help for any and all students who feel that they would benefit from the opportunity to work with a professional counsellor.
- Your school counsellor belongs to a professional organisation, holds professional counselling qualifications and is regularly supervised.
- The Counselling Service complements the strengths of your CSF team, (Children, Schools and Families team), providing the school with ongoing feedback for evaluation and monitoring needs.
- Types of problems that counselling could help with come under headings: Relationships-family, Relationships-other, Health, School, Abuse, Racial/Cultural or Personal/Self.
- The Counselling Service Leaflet may help you to understand more about the support.
- You can contact me direct by email to: soniamackenzie to arrange some support, or through your mini school, mum/dad/carer or ask me yourself.

TAKE CARE OF YOURSELF